

Course Name	–	POST GRADUATE TRAINING IN SOCIAL PSYCHOLOGY (CNO 100)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/hd/training/mgt/hr/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

10001 – SOCIAL PSYCHOLOGY - A – 3 credits / 30 days of learning	Social thinking, Self, identity and society, Attitudes and persuasion, and Conformity & social change
10002 – SOCIAL PSYCHOLOGY - B – 3 credits / 30 days of learning	Covers People in groups, Prejudice and intergroup relations, hurting other people, helping other people, attraction and close relationships, and culture & communication
10003 – COACHING AND MENTORING – 3 credits / 30 days of learning	Introduces guidance methods to support individuals & groups through coaching and mentoring techniques and strategies
10004 – GROUP COUNSELLING – 3credits / 30 days of learning	Focuses on group counselling principles, techniques, and applications in practice.

OPTIONAL MODULES - CHOOSE 8 MODULES FROM THE BELOW LIST

(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08 MODULES – 24 CREDITS)

10000 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
10008 – SOCIAL WORK SKILLS	10013 – Human Relationships	10018 – ANTI-SOCIAL BEHAVIOURS
10009 – THEORIES OF PERSONALITY	10014 – PSYCHOLOGY OF FRIENDSHIP	10019 – PSYCHOLOGY OF GROUP AGGRESSION
10010 – SOCIAL PSYCHOLOGY INTERVENTIONS	10015 – PROSOCIAL BEHAVIOUR IN GROUPS	10020 – PSYCHOLOGY OF HATE & ENVY
10011 – SOCIAL PSYCHOLOGY OF CONSUMER BEHAVIOUR	10016 – POSITIVE PSYCHOLOGY INTERVENTIONS	10021 – MOTIVATIONAL INTERVIEWING
10012 – SOCIAL INTELLIGENCE	10017 – CONFLICT MANAGEMENT	10022 – INTERPERSONAL COMMUNICATION
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

INSTITUTE OF HOLISTIC MENTAL HEALTH @ www.imh.in @ www.psychologyonline.in