

Course Name	–	POST GRADUATE TRAINING IN COGNITIVE PSYCHOLOGY (CNO 097)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/hd/hr/mgt/training)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 5 MODULES / 5 MONTHS

09701 – COGNITIVE PSYCHOLOGY – I – 3 credits / 30 days of learning	Introduces basic theories of attention, perception, memory, and thinking.
09702 – COGNITIVE PSYCHOLOGY – II – 3 credits / 30 days of learning	Explores higher-order cognition including problem-solving and decision-making.
09703 – APPLIED COGNITIVE PSYCHOLOGY – I – 3 credits / 30 days of learning	Focuses on real-world applications of cognitive principles in learning and work.
09704 – APPLIED COGNITIVE PSYCHOLOGY– II – 3 credits / 30 days of learning	Covers advanced applications of cognition in technology, stress, and adaptation.

OPTIONAL MODULES - CHOOSE 08 MODULES FROM THE BELOW LIST

(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08 MODULES – 24 CREDITS)

09708 – PSYCHOLOGY	09713 – CREATIVITY	09718 – THINKING
09709 – LEARNING	09714 – SMART THINKING	09719 – COGNITION FOR PROGRAMMER
09710 – MEMORY	09715 – WORKING MEMORY TRAINING	09720 – RETRAINING BRAIN
09711 – KNOWLEDGE	09716 - HOW BRAIN LEARNS	09721 – MOTIVATIONAL INTERVIEWING
09712 – PROBLEM SOLVING & DECISION MAKING	09717 – NEUROPLASTICITY	09722 – NEUROPLASTICITY FOR STRESS MANAGEMENT
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org