

Course Name	–	<b>POST GRADUATE TRAINING IN NEURO LINGUISTIC PROGRAMMING (CNO 095)</b>
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/hd/training/mgt/hr)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS**

<b>09501 – COUNSELLING SKILLS</b> – 3 credits / 30 days of learning	<b>Builds essential communication and helping skills for effective counselling.</b>
<b>09502 – COUNSELLING PROCESS</b> – 3 credits / 30 days of learning	<b>Covers structured steps and approaches in the counselling journey.</b>
<b>09503 – COACHING AND MENTORING</b> – 3 credits / 30 days of learning	<b>Introduces guidance methods to support personal and professional growth.</b>
<b>09504 – NEURO LINGUISTIC PROGRAMMING</b> – 3 credits / 30 days of learning	<b>Focuses on NLP principles, techniques, and applications in practice.</b>

**OPTIONAL MODULES - CHOOSE 08 MODULES FROM THE BELOW LIST**  
(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08MODULES – 24CREDITS)

<b>09500 - Psychology</b> – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
<b>09508 – NLP TECHNIQUE’S PART 1</b>	<b>09513 – NLP COACHING</b>	<b>09518 – CASE MODULES – NLP FOR PHOBIA</b>
<b>09509 – NLP TECHNIQUE’S PART 2</b>	<b>09514 – NLP TOOLS</b>	<b>09519 – CASE MODULES – NLP FOR MANAGEMENT</b>
<b>09510 – NLP SKILLS</b>	<b>09515 – MODELLING</b>	<b>09520– CASE MODULES – NLP FOR SELF EMPOWERMENT</b>
<b>09511 – NLP &amp; SOCIAL INTELLIGENCE</b>	<b>09516 - BRIEF NLP</b>	<b>09521 – MOTIVATIONAL INTERVIEWING</b>
<b>09512 – NLP FOR BUSINESS</b>	<b>09517 – NLP AT WORK</b>	<b>09522– CASE MODULES – NLP FOR GENERAL ISSUES</b>
<b>Course Fee</b>	<b>Learners from India</b>	<b>International Learners</b>
<b>Life Member of IHMH</b>	<b>Rs. 11, 800</b>	<b>\$260</b>
<b>Others</b>	<b>Rs. ₹12,800</b>	<b>\$300</b>

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org