

Course Name	–	POST GRADUATE TRAINING IN ART THERAPY (CNO 093)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/hd/training/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

09301 – ART THERAPY – 3 credits / 30 days of learning	Introduction to concepts, approaches, and uses of art in therapy.
09302 – ART THERAPY TECHNIQUES - I – 3 credits / 30 days of learning	Covers foundational methods of therapeutic art practices.
09303 – ART THERAPY TECHNIQUES – II – 3 credits / 30 days of learning	Focuses on advanced art-based therapeutic strategies.
09304 – ART THERAPY TECHNIQUES – III – 3 credits / 30 days of learning	Explores specialized and integrative art therapy interventions.

OPTIONAL MODULES - CHOOSE 8 MODULES FROM THE BELOW LIST

(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 8 MODULES – 24 CREDITS)

09300 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
09308 – ART THERAPY EXERCISES	09313 – MINDFUL ART THERAPY	09318 – VIRTUAL ART THERAPY
09309 – ART THERAPY ACTIVITIES	09314 – ENVIRONMENTAL ART THERAPY	09319 – ART THERAPY IN ASSESSMENT
09310 – GROUP ART THERAPY TECHNIQUES	09315 – CRAFT IN ART THERAPY	09320 – ART THERAPY AS INTERVENTION
09311 – ART THERAPY PRACTICE	09316 - CHILD ART THERAPY	09321 – CASE MODULES –FOR CHILD & ADOLESCENT ISSUES
09312 – ART THERAPY DOCUMENTATION	09317 – ART THERAPY IN HEALTH CARE	09322 – CASE MODULES –FOR ADULT ISSUES
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org