

Course Name	–	POST GRADUATE TRAINING IN PLAY THERAPY (CNO 092)
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/hd/training/education)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

09201 – PLAY THERAPY – 3 credits / 30 days of learning	Introduction to principles and practices of play therapy.
09202 – PLAY THERAPY TECHNIQUES - I – 3 credits / 30 days of learning	Covers basic play therapy tools and applications.
09203 – PLAY THERAPY TECHNIQUES – II – 3 credits / 30 days of learning	Explores advanced play-based therapeutic methods.
09204 – PLAY THERAPY TECHNIQUES – III – 3 credits / 30 days of learning	Focuses on specialized play therapy interventions.

OPTIONAL MODULES - CHOOSE 8 MODULES FROM THE BELOW LIST

(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 8 MODULES – 24 CREDITS)

09200 - Psychology – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
09208 – PLAY THERAPY EXERCISES	09213 – SCHOOL-BASED PLAY THERAPY	09218 – TRAUMA-INFORMED PLAY THERAPY
09209 – PLAY THERAPY ACTIVITIES	09214 – PLAY THERAPY WITH CBT	09219 – GROUP FILIAL THERAPY
09210 – GROUP PLAY THERAPY TECHNIQUES	09215 – GAME PLAY THERAPY	09220 – CREATIVE PLAY THERAPY
09211 – PLAY THERAPY PRACTICE	09216 - CHILD-CENTRED PLAY THERAPY	09221 – CASE MODULES –FOR CHILD & ADOLESCENT ISSUES
09212 – PLAY THERAPY DOCUMENTATION	09217 – ATTACHMENT-FOCUSED FAMILY PLAY THERAPY	09222 – CASE MODULES –FOR ADULT ISSUES
Course Fee	Learners from India	International Learners
Life Member of IHMH	Rs. 11, 800	\$260
Others	Rs. ₹12,800	\$300

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org