

Course Name	–	<b>POST GRADUATE TRAINING IN INDUSTRIAL PSYCHOLOGY (CNO 091)</b>
Course Duration	–	12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Course Structure	–	12credits compulsory + 24credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (psychology/social work/hd/hr/training/mgt)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS**

<b>09101 – WORKPLACE MENTAL HEALTH ISSUES</b> – 3 credits / 30 days of learning	Examines psychological challenges in the workplace and their impact on employees.
<b>09102 – WORKPLACE PSYCHOLOGY</b> – 3 credits / 30 days of learning	Focuses on understanding behaviour, motivation, and dynamics within organizations.
<b>09103 – WORKPLACE WELLBEING</b> – 3 credits / 30 days of learning	Covers strategies to promote employee health, satisfaction, and productivity.
<b>09104 – WORK LIFE BALANCE</b> – 3 credits / 30 days of learning	Explores methods to manage professional and personal life effectively.

**OPTIONAL MODULES - CHOOSE 08 MODULES FROM THE BELOW LIST**

**(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING – 08 MONTHS – 08 MODULES – 24CREDITS)**

<b>09100 - Psychology</b> – 3 credits/ 30 days of learning	<i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i>	
<b>09108 – EMPLOYEE TRAINING</b>	<b>09113 – SOLUTION FOCUSED COACHING</b>	<b>09118 – EMPLOYEE WELL-BEING</b>
<b>09109 – MANAGING WORKPLACE VIOLENCE</b>	<b>09114 – COACHING SOFT SKILLS</b>	<b>09119 – WORKPLACE EMOTIONAL INTELLIGENCE</b>
<b>09110 – TEAM BUILDING</b>	<b>09115 – EMPOWERING PERFORMANCE</b>	<b>09120 – CORPORATE COUNSELLING</b>
<b>09111 – TALENT RETENTION</b>	<b>09116 - ORGANIZATION DEVELOPMENT INTERVENTIONS</b>	<b>09121 – MOTIVATIONAL INTERVIEWING</b>
<b>09112 – STRESS MANAGEMENT</b>	<b>09117 – COACHING AND MENTORING</b>	<b>09122 – SELF EMPOWERMENT TOOLS</b>
<b>Course Fee</b>	<b>Learners from India</b>	<b>International Learners</b>
<b>Life Member of IHMH</b>	<b>Rs. 11, 800</b>	<b>\$260</b>
<b>Others</b>	<b>Rs. ₹12,800</b>	<b>\$300</b>

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org