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| Course Name | – | POST GRADUATE TRAINING IN SPIRITUAL PSYCHOLOGY (CNO 088) |
| Course Duration | – | 12 months / 36 credits / Total 12 Modules / 24x7 Virtual Support |
| Course Mode | – | Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based |
| Course Structure | – | 12credits compulsory + 24credits optional (as per learner’s selection)/Advanced |
| Eligibility | – | 10+2+3 or 15+2 Years (psychology/social work/human development/training) |
| Interaction | - | 24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled |

COMPULSORY MODULES - 12 CREDITS / 4 MODULES / 4 MONTHS

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| 08801 – SPIRITUAL PSYCHOLOGY - A – 3 credits / 30 days of learning | Introduces foundations of spiritual psychology and its principles. |
| 08802 – SPIRITUAL PSYCHOLOGY - B – 3 credits / 30 days of learning | Explores advanced concepts and applications in spiritual psychology. |
| 08803 – TRANSPERSONAL PSYCHOLOGY – 3 credits / 30 days of learning | Focuses on higher states of consciousness and self-transcendence. |
| 08804 – PSYCHOLOGY OF MEDITATION – 3 credits / 30 days of learning | Examines meditation practices and their psychological benefits. |

OPTIONAL MODULES - CHOOSE 8 MODULES FROM THE BELOW LIST

(03 CREDITS/ MODULE/ 30 DAYS OF LEARNING - 08 MONTHS – 08 MODULES – 24 CREDITS)

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| 08800 - Psychology – 3 credits/ 30 days of learning | <i>This module is compulsory only for learners without a prior psychology background. It introduces key concepts such as psychological theories, memory, cognition, and learning.</i> | |
| 08808 – SPIRITUAL INTELLIGENCE | 08813 – INTERPERSONAL CONFLICT | 08818 – MINDFULNESS |
| 08809 – WELLNESS COUNSELLING | 08814 – INTERPERSONAL COMMUNICATION | 08819 – CRITICAL DECISION MAKING |
| 08810 – INTEGRATING SPIRITUALITY INTO COUNSELING | 08815 – BRAIN, MIND, SOUL AND SPIRIT | 08820 – CASE MODULES – FOR SELF EMPOWERMENT |
| 08811 – SPIRITUALITY AND EMOTIONAL INTELLIGENCE | 08816 - POSITIVE PSYCHOLOGY INTERVENTIONS | 08821 – MOTIVATIONAL INTERVIEWING |
| 08812 – REFLECTIVE PRACTICE | 08817 – HAPPINESS | 08822 – SPIRITUAL COUNSELLING |
| Course Fee | Learners from India | International Learners |
| Life Member of IHMH | Rs. 11, 800 | \$260 |
| Others | Rs. ₹12,800 | \$300 |

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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