

Course Name	–	<b>ADVANCED TRAINING IN APPLIED EXPRESSIVE THERAPIES (CN 074)</b>
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development)
Interactive Sessions	–	2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

<b>MODULE NAME AND NUMBER</b>	<b>MODULE BRIEF</b>	
<b>07401 – ART THERAPY WITH CHILDREN</b>	Creative art-based interventions to support children’s emotional growth.	
<b>07402 – ART THERAPY WITH ADULTS</b>	Art techniques to enhance self-expression and healing in adults.	
<b>07403 – PLAY THERAPY WITH CHILDREN</b>	Play-based approaches to address behavioural and emotional issues in kids	
<b>07404 – PLAY THERAPY WITH ADULTS</b>	Using play techniques to reduce stress, improve mood, and build resilience in adults.	
<b>07405 – PSYCHODRAMA</b>	Role-play and enactment to explore feelings, conflicts, and relationships.	
<b>07406 – OUTDOOR THERAPY</b>	Nature-based expressive methods for relaxation, insight, and healing.	
<b>07407 – APPLIED THEATRE THERAPY</b>	Therapeutic theatre practices to process emotions and encourage self-discovery	
<b>07408 – CREATIVE ARTS AND PLAY THERAPY FOR ATTACHMENT PROBLEMS</b>	Using art and play to strengthen bonds and address attachment difficulties.	
<b>07409 – USING ART, PLAY, METAPHOR &amp; SYMBOL</b>	Integrating symbolic and creative methods for deeper therapeutic exploration	
<b>07410 – USING STORIES, ART, AND PLAY</b>	Storytelling blended with art and play to foster understanding and resilience.	
<b>07411 – EXPRESSIVE ART THERAPY CASE WORK – I</b>	Practical case applications of expressive therapy techniques	
<b>07412 – EXPRESSIVE ART THERAPY CASE WORK – II</b>	Advanced case practice in applying expressive therapy interventions	
<b>COURSE FEE</b>	<b>INDIAN LEARNERS</b>	<b>LEARNERS FROM OTHER COUNTRIES</b>
<b>Continuous Guide Email Support &amp; 24/7 Student Advisor Call Support</b>	<b>₹10,600</b>	<b>\$250</b>
<b>1:1 Guide Orientation Sessions - Continuous Guide Email Support &amp; 24/7 Student Advisor Call Support</b>	<b>₹24,600</b>	<b>\$610</b>

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at [info@ihmh.in](mailto:info@ihmh.in) / [info@ihmh.org](mailto:info@ihmh.org)

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