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| Course Name | – | ADVANCED TRAINING IN EXPRESSIVE ARTS THERAPY (CN 071) |
| Course Duration | – | 12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based |
| Course Mode | – | Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced |
| Course Structure | - | Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted |
| Eligibility | - | 10+2+3 Years or 15+2 Years (psychology/social work/human development) |
| Interactive Sessions | – | 2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support |

| MODULE NAME AND NUMBER | MODULE BRIEF | |
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| 07101 – EXPRESSIVE ARTS THERAPY COMPONENTS | Overview of key components such as art, music, drama, and movement in therapy. | |
| 07102 – APPLIED EXPRESSIVE ARTS THERAPY | Practical applications of expressive arts across counselling contexts | |
| 07103 – INTEGRATING THE ARTS IN THERAPY | Blending creative arts with traditional therapeutic methods. | |
| 07104 – APPLIED ART AND EXPRESSIVE THERAPIES | Using visual and performing arts for emotional expression and healing | |
| 07105 – PSYCHOTHERAPEUTIC BENEFITS OF EXPRESSIVE ARTS THERAPY | Explores mental health benefits including stress relief and resilience-building. | |
| 07106 – WORKING WITH THE MIND, BODY AND EMOTIONS | Holistic approaches to engage cognition, emotions, and physical awareness. | |
| 07107 – EXPRESSIVE ARTS THERAPY FOR TRAUMATIZED CHILDREN | Creative interventions to support children recovering from trauma. | |
| 07108 – EXPRESSIVE ARTS THERAPY FOR TRAUMA | Therapeutic use of arts to process and heal traumatic experiences. | |
| 07109 – EXPRESSIVE ARTS-BASED ACTIVITIES | Hands-on activities to encourage creativity and self-expression. | |
| 07110 – EXPRESSIVE ARTS BASED TECHNIQUES | Structured therapeutic techniques using art forms for healing. | |
| 07111 – EXPRESSIVE ART THERAPY CASE WORK – I | Case applications demonstrating the use of expressive therapies in practice. | |
| 07112 – EXPRESSIVE ART THERAPY CASE WORK – II | Advanced case-based learning for applying expressive therapy interventions. | |
| COURSE FEE | INDIAN LEARNERS | LEARNERS FROM OTHER COUNTRIES |
| Continuous Guide Email Support & 24/7 Student Advisor Call Support | ₹10,600 | \$250 |
| 1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support | ₹24,600 | \$610 |

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

Institute Of Holistic Mental Health @ www.imh.in @ www.ihmh.in