

Course Name	–	ADVANCED TRAINING IN FAMILY MARITAL AND COUPLE THERAPY (CN 064)
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development)
Interactive Sessions	–	2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF	
06401 – FAMILY THERAPY	Foundations and approaches to strengthen family systems.	
06402 – MARITAL THERAPY	Interventions to address challenges in marriage relationships.	
06403 – COUPLE THERAPY	Therapeutic methods to improve couple communication and bonding.	
06404 – FAMILY MARITAL COUPLE COUNSELLING STRATEGIES & TECHNIQUES 01	Core counselling strategies for families and couples	
06405 – FAMILY MARITAL COUPLE COUNSELLING STRATEGIES & TECHNIQUES 02	Advanced counselling strategies for families and couples	
06406 – TALK THERAPY - COUNSELLING THERAPIES	Talk-based therapeutic techniques for relationship counselling.	
06407 – EXPRESSIVE COUNSELLING THERAPIES	Creative and expressive approaches to support families and couples.	
06408 – FAMILY, MARITAL & COUPLE MENTAL HEALTH ISSUES	Understanding mental health challenges within family and couple dynamics.	
06409 – CASE FORMULATION & TREATMENT PLANNING	Frameworks for assessment, goal setting, and therapy planning.	
06410 – COUNSELLING FAMILIES	Practical approaches to resolve family conflicts and strengthen bonds.	
06411 – COUNSELLING COUPLES	Techniques to help couples navigate conflicts and build trust.	
06412 – RELATIONSHIP COUNSELLING	Holistic counselling skills for healthy relationships.	
COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹10,600	\$250
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹24,600	\$610

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

Institute Of Holistic Mental Health @ www.imh.in @ www.ihmh.in