

Course Name	–	ADVANCED TRAINING IN PSYCHOTHERAPY (CN 061)
Course Duration	–	24 months / 24 modules / 48 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development)
Interactive Sessions	–	2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER (year one)	MODULE NAME AND NUMBER (year two)	
06101 – ABNORMAL PSYCHOLOGY	06113 – MINDFULNESS	
06102 – COUNSELLING SKILLS	06114 – PERSON-CENTRED THERAPY	
06103 – PSYCHOTHERAPY	06115 – BRIEF PSYCHOTHERAPY	
06104 – COUNSELLING PROCESS	06116 – SHORT-TERM DYNAMIC PSYCHOTHERAPY	
06105 – PRACTICING PSYCHOTHERAPIES	06117 – RATIONAL EMOTIVE BEHAVIOUR THERAPY	
06106 – COGNITIVE BEHAVIOUR THERAPY	06118 – PSYCHODYNAMIC PSYCHOTHERAPY	
06107 – DIALECTICAL BEHAVIOUR THERAPY	06119 – PSYCHOANALYTIC PSYCHOTHERAPY	
06108 – SOLUTION FOCUSED BRIEF THERAPY	06120 – INTERPERSONAL PSYCHOTHERAPY	
06109 – ACCEPTANCE & COMMITMENT THERAPY	06121 – FUNCTIONAL ANALYTIC PSYCHOTHERAPY	
06110 – EMOTION FOCUSED COGNITIVE THERAPY	06122 – FOCUSING ORIENTED PSYCHOTHERAPY	
06111 – BEHAVIOUR THERAPY	06123 – EXISTENTIAL THERAPY	
06112 – GESTALT THERAPY	06124 – NEUROLINGUISTIC PROGRAMMING	
COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹22,600	\$450
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹48,600	\$910

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

Institute Of Holistic Mental Health @ www.imh.in @ www.ihmh.in