

Course Name	–	ADVANCED TRAINING IN COACHING & MENTORING (CN 053)
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/hr/training)
Interactive Sessions	–	2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF	
05301 – COACHING & MENTORING	Introduces the foundations and differences between coaching and mentoring	
05302 – COACHING SKILLS - I	Covers the core skills required to initiate effective coaching.	
05303 – COACHING SKILLS - II	Builds advanced coaching competencies for deeper engagement.	
05304 – COACHING & MENTORING TECHNIQUES	Explores practical methods to support employee growth and development.	
05305 – COACHING STRATEGIES AND TECHNIQUES	Focuses on structured approaches for impactful coaching outcomes.	
05306 – COACHING TOOLS	Provides tools and frameworks to support coaching practice.	
05307 – DESIGN THINKING	Applies creative problem-solving strategies within coaching contexts	
05308 – APPRECIATIVE COACHING	Uses strength-based approaches to empower and motivate employees.	
05309 – COACHING EMOTIONAL INTELLIGENCE	Develops EI-focused coaching for better self-regulation and relationships.	
05310 – SOFT SKILLS COACHING	Focuses on communication, teamwork, and interpersonal effectiveness.	
05311 – COACHING NEW EMPLOYEES	Guides onboarding and early professional development through coaching.	
05312 – COACHING FOR PERFORMANCE	Equips participants to enhance productivity and achieve workplace goals.	
COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹10,600	\$250
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹24,600	\$610

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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