

Course Name	–	<b>ADVANCED TRAINING IN WORKPLACE TRAINING (CN 051)</b>
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/hr/training)
Interactive Sessions	–	2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

<b>MODULE NAME AND NUMBER</b>	<b>MODULE BRIEF</b>	
<b>05101 – UNDERSTANDING WORKPLACE</b>	Introduces workplace dynamics, culture, and organizational behaviour.	
<b>05102 – APPRECIATIVE COACHING</b>	Focuses on strength-based coaching to enhance employee growth.	
<b>05103 – EXPERIENTIAL COACHING</b>	Uses hands-on approaches to build skills through real-life experiences.	
<b>05104 – COACHING SKILLS</b>	Develops core coaching competencies for workplace application	
<b>05105 – TRAINING INTERVENTIONS &amp; ACTIVITIES</b>	Explores structured training activities for employee development.	
<b>05106 – TRAINING FOR PERFORMANCE</b>	Covers methods to improve efficiency and productivity.	
<b>05107 – TRAINING FOR SOFT SKILLS</b>	Builds essential interpersonal and communication skills.	
<b>05108 – TRAINING FOR CONFLICT MANAGEMENT</b>	Provides strategies to manage and resolve workplace conflicts.	
<b>05109 – TRAINING FOR SELF EMPOWERMENT</b>	Equips employees with confidence and self-growth techniques.	
<b>05110 – TRAINING FOR TEAMWORK</b>	Enhances collaboration, coordination, and group effectiveness.	
<b>05111 – TRAINING FOR WORK LIFE BALANCE</b>	Guides employees to balance professional and personal commitments.	
<b>05112 – TRAINING FOR EMOTIONAL INTELLIGENCE</b>	Develops emotional awareness, regulation, and interpersonal effectiveness.	
<b>COURSE FEE</b>	<b>INDIAN LEARNERS</b>	<b>LEARNERS FROM OTHER COUNTRIES</b>
<b>Continuous Guide Email Support &amp; 24/7 Student Advisor Call Support</b>	<b>₹10,600</b>	<b>\$250</b>
<b>1:1 Guide Orientation Sessions - Continuous Guide Email Support &amp; 24/7 Student Advisor Call Support</b>	<b>₹24,600</b>	<b>\$610</b>

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at [info@ihmh.in](mailto:info@ihmh.in) / [info@ihmh.org](mailto:info@ihmh.org)

Institute Of Holistic Mental Health @ [www.imh.in](http://www.imh.in) @ [www.ihmh.in](http://www.ihmh.in)