

Internship Training (PG)–	PG INTERNSHIP TRAINING IN INDUSTRIAL PSYCHOLOGY (CN 019)
Course Duration	– Customizable Online 12–30 Module (as per learners’ choice) Highly Interactive
Course Mode	– Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	– 12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	– For Postgraduate learners or Postgraduate degree holders (psy/msw/hd/allied)
Interactive Sessions	– 60min session/module (12–30 modules), scheduled weekly/daily as per learner’s choice

- ✓ The internship course includes 12 mandatory modules and an additional set of 18+ optional modules. The prescribed course fee covers only the 12 mandatory modules.
- ✓ If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary – you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

MANDATORY INTERNSHIP MODULE NAMES & SESSION BRIEF
ONE SESSION PER MODULE WITH REQUIRED LEARNING MATERIALS – SESSIONS SCHEDULED ON DAILY BASIS
OR WEEKLY OR AS PER LEARNER NEEDS

C.S_01	Role of an Industrial Psychologist (Practical View) - Where they work, what tasks they assist with, simple case examples.
C.S_02	Understanding Workplace Behaviour - Motivation, attitudes, basic behaviour patterns in employees.
C.S_03	Basic Job Understanding & Work Roles - Shadowing different roles; understanding job responsibilities.
C.S_04	Introduction to Recruitment & Selection - Sitting in interviews, observing questions, simple note-taking tasks.
C.S_05	Workplace Communication Essentials - Clear communication, email tone, professional behaviour.
C.S_06	Employee Stress & Work–Life Balance - Understanding burnout signs; simple support strategies.
C.S_07	Observing Team Dynamics - How teams cooperate, conflict signs, leadership behaviours.
C.S_08	Introduction to Performance & Feedback - Basics of how employees are evaluated, observing feedback sessions.
C.S_09	Training & Workshop Support - Helping prepare materials, co-facilitating small activities.
C.S_10	Basics of Workplace Motivation - Simple motivation theories + seeing how they work in real settings.
C.S_11	Ethics & Confidentiality in Organisations - Boundaries, professional behaviour, confidentiality rules.
C.S_12	Preparing Basic Employee Reports - Observation notes, session summaries, simple behavioural reports.

OPTIONAL INTERNSHIP MODULE NAMES & SESSION BRIEF

If required, learners can opt for any or all these listed modules at an additional cost, apart from the course fee that includes the mandatory internship modules.

O.S_13	Understanding Employee Problems (Common Cases) - Stress, conflict, low motivation, communication issues.
O.S_14	Simple Problem-Solving for Employee Issues - How to talk to employees, identify concerns, guide them.
O.S_15	Basics of Employee Counselling - Active listening, empathy, guiding—not therapy.
O.S_16	Workplace Stress Screening - Using short checklists, identifying patterns.
O.S_17	Observing Recruitment Processes - Resume screening basics, understanding job requirements.
O.S_18	Basic Team-Building Activities - Icebreakers, trust-building games, simple collaboration tasks.
O.S_19	Introduction to Workplace Training - Helping create slides, handouts, conducting small activities.
O.S_20	Improving Communication at Work - Assertiveness, clarity, professional speaking.
O.S_21	Managing Workplace Conflict (Simple Approach) - Understanding triggers, practising de-escalation.
O.S_22	Employee Motivation in Real Life - Understanding rewards, appreciation, recognition.
O.S_23	Basics of Work Culture & Environment - Company values, behaviour expectations, professional norms.
O.S_24	Behaviour Observation Sheets for Organisations - Creating simple observation formats.
O.S_25	Mental Health Awareness in Workplaces - Recognising red flags, when to refer employees.
O.S_26	Understanding Employee Engagement - What makes employees happy and committed.
O.S_27	Work–Life Balance Exercises - Helping employees plan routines, time management tips.
O.S_28	Basic Coaching Conversations - Goal-oriented short conversations.
O.S_29	Productivity Skills for Employees - Time planning, reducing distraction, focus improvement.
O.S_30	Workforce Retention
O.S_31	Introduction to Workplace Diversity - Gender, culture, age — basic sensitivity training.
O.S_32	Observing Organisational Hierarchy & Structure - How decisions are made, reporting systems.
O.S_33	Preparing a Employee Wellbeing Plan - Small action plan for stress reduction or motivation.
O.S_34	Case Conference – Testing the learner with various cases / vignettes on learnt expertise

O.S_35	Working Modality – Larger Organisation (Larger Work base – Eg., Mills)	
O.S_36	Working Modality – Smaller Organisation (Smaller Work base – Eg., Water Treatment Plant)	
O.S_37	Working Modality – Corporates (Larger/ smaller Work base – Eg., IT Companies / Banks)	
Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via G Meet/Zoom with supporting learning materials	For 12 Sessions – ₹26,800 (India) From 13th session onward (if req) – ₹1,800/session (up to 30 sessions)	For 12 Sessions – \$400 (Int'l) From 13th session onward (if req)– \$30/session (up to 30 sessions)
For group registrations, whether from individual learners or via college departments, fees will be significantly reduced to make the course student-friendly		

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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