

Internship Training (UG)–	<b>UG INTERNSHIP TRAINING IN APPLIED PSYCHOLOGY (CN 013)</b>
Course Duration	– Customizable   Online   12–30 Modules (as per learners’ choice)   Highly Interactive
Course Mode	– Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	– 12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	– For Graduate students or Graduate degree holders (psy/msw/hd/allied /related)
Interactive Sessions	– 60min session/module (12–30 modules), scheduled weekly/daily as per learner’s choice

- ✓ The internship course includes 12 mandatory modules and an additional set of 18+ optional modules. The prescribed course fee covers only the 12 mandatory modules.
- ✓ If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

**MANDATORY INTERNSHIP MODULE NAMES & SESSION BRIEF**  
**ONE SESSION PER MODULE WITH REQUIRED LEARNING MATERIALS – SESSIONS SCHEDULED ON DAILY BASIS**  
**OR WEEKLY OR AS PER LEARNER NEEDS**

<b>C.S_01</b>	Introduction to Applied Psychology - Meaning, scope, difference from theoretical psychology.
<b>C.S_02</b>	Methods & Ethical Issues in Applied Psychology - Assessment, observation, applied ethics, confidentiality.
<b>C.S_03</b>	Application of Psychology in Education - Learning principles, motivation, classroom behaviour.
<b>C.S_04</b>	Application of Psychology in Health Settings - Health behaviours, adherence, lifestyle change.
<b>C.S_05</b>	Application of Psychology in Work & Organizations - Productivity, motivation, teamwork basics.
<b>C.S_06</b>	Application of Psychology in Counselling & Guidance - Helping processes, boundaries, psychoeducation.
<b>C.S_07</b>	Social Psychology Applications - Attitudes, persuasion, group influence.
<b>C.S_08</b>	Developmental Applications Across the Lifespan - Child, adolescent, adult, old-age applications.
<b>C.S_09</b>	Cognitive Psychology in Real-Life Contexts - Problem-solving, decision-making, memory use.
<b>C.S_10</b>	Psychological Assessment – UG Level - Purpose, ethics, types of tests (concept only).
<b>C.S_11</b>	Community Psychology Applications - Awareness, stigma reduction, prevention.
<b>C.S_12</b>	Cultural Context & Psychology in India - Family, norms, values, beliefs shaping behaviour.

**OPTIONAL INTERNSHIP MODULE NAMES & SESSION BRIEF**

If required, learners can opt for any or all these listed modules at an additional cost, apart from the course fee that includes the mandatory internship modules.

<b>O.S_13</b>	Psychology in Healthcare & Hospitals - Pain, stress, chronic illness coping.
<b>O.S_14</b>	School Psychology Applications - Learning difficulties, behaviour issues, classroom strategies.
<b>O.S_15</b>	Clinical Psychology – Applied Understanding - Assessment basics, mental health support, referral.
<b>O.S_16</b>	Counselling Psychology in Educational Institutions - Stress, anxiety, motivation support.
<b>O.S_17</b>	Industrial/Organizational Psychology – Applied Tools - Interviews, performance reviews, training.
<b>O.S_18</b>	Forensic Psychology – Introductory Concepts - Eyewitness memory, criminal behaviour theories
<b>O.S_19</b>	Sports Psychology – Practical Applications - Motivation, focus, confidence-building in athletes.
<b>O.S_20</b>	Media Psychology - Media influence, social media behaviour.
<b>O.S_21</b>	Consumer Psychology - Buying behaviour, branding, decision patterns.
<b>O.S_22</b>	Environmental Psychology - Crowding, noise, green spaces, sustainability.
<b>O.S_23</b>	Health Behaviour Change Models - Stages of change, habits, lifestyle modification.
<b>O.S_24</b>	Crisis Intervention – Safety, immediate steps, psychological first aid overview.
<b>O.S_25</b>	Behaviour Modification Principles in Real Life - Positive reinforcement, habit formation
<b>O.S_26</b>	Disability & Inclusion – Psychological Lens - Social inclusion, stigma, accessibility.
<b>O.S_27</b>	Community Mental Health Applications - Awareness programs, outreach, psychoeducation
<b>O.S_28</b>	Positive Psychology in Daily Living - Wellbeing, strengths, resilience.
<b>O.S_29</b>	Psychology in Digital Spaces - Online behaviour, cyberbullying, addiction patterns.
<b>O.S_30</b>	Teamwork & Interpersonal Skills in Applied Settings - Communication, conflict, collaboration.
<b>O.S_31</b>	Psychology of Leadership - Influence, emotional intelligence.
<b>O.S_32</b>	Applied Research in Psychology - Needs assessment, program evaluation.
<b>O.S_33</b>	Ethics & Professional Practice in Applied Fields - Integrity, competence, confidentiality.
<b>O.S_37</b>	Case Conference – Testing the learner with various cases / vignettes on learnt disorders

<b>Course Fee</b>	<b>Learners from India</b>	<b>Learners from other countries</b>
<b>1:1 Guided Orientation via G Meet/Zoom with supporting learning materials</b>	<b>For 12 Sessions – ₹16,800 (India) From 13th session onward (if req) – ₹1300/session (up to 30 sessions)</b>	<b>For 12 Sessions – \$400 (Int'l) From 13th session onward (if req)– \$30/session (up to 30 sessions)</b>
<b>For group registrations, whether from individual learners or via college departments, fees will be significantly reduced to make the course student-friendly</b>		

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at [info@ihmh.in](mailto:info@ihmh.in) / [info@ihmh.org](mailto:info@ihmh.org)

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