

Internship Training (UG)–	<b>UG INTERNSHIP TRAINING IN PERSONALITY PSYCHOLOGY (CN 006)</b>
Course Duration	– Customizable   Online   12–30 Modules (as per learners’ choice)   Highly Interactive
Course Mode	– Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	– 12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	– For Graduate students or Graduate degree holders (psy/msw/hd/allied /related)
Interactive Sessions	– 60min session/module (12–30 modules), scheduled weekly/daily as per learner’s choice

- ✓ The internship course includes 12 mandatory modules and an additional set of 18+ optional modules. The prescribed course fee covers only the 12 mandatory modules.
- ✓ If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

**MANDATORY INTERNSHIP MODULE NAMES & SESSION BRIEF**  
**ONE SESSION PER MODULE WITH REQUIRED LEARNING MATERIALS – SESSIONS SCHEDULED ON DAILY BASIS**  
**OR WEEKLY OR AS PER LEARNER NEEDS**

<b>C.S_01</b>	Introduction to Personality Psychology - Definition, scope, what personality is and is not.
<b>C.S_02</b>	Major Approaches to Personality - Biological, behavioural, cognitive, humanistic, psychodynamic
<b>C.S_03</b>	Freud’s Psychoanalytic Theory of Personality - Structure of mind, defence mechanisms, psychosexual stages.
<b>C.S_04</b>	Neo-Freudian Approaches - Jung, Adler, Horney—key contributions.
<b>C.S_05</b>	Trait Theories: Allport, Cattell, Eysenck - Surface vs source traits, PEN model.
<b>C.S_06</b>	Big Five Personality Model (OCEAN) - Dimensions, applications in real-life behaviour.
<b>C.S_07</b>	Humanistic Theories of Personality - Rogers’ self-concept, Maslow’s needs.
<b>C.S_08</b>	Social-Cognitive Theories of Personality - Bandura, reciprocal determinism, self-efficacy.
<b>C.S_09</b>	Biological Basis of Personality- Genetics, temperament, brain–behaviour connections.
<b>C.S_10</b>	Personality Development Across the Lifespan - Stability, change, environmental influences.
<b>C.S_11</b>	Personality Assessment: Projective & Objective - TAT, Rorschach (concept only), MMPI basics.
<b>C.S_12</b>	Applications of Personality Psychology - Workplace behaviour, relationships, health outcomes.

**OPTIONAL INTERNSHIP MODULE NAMES & SESSION BRIEF**

If required, learners can opt for any or all these listed modules at an additional cost, apart from the course fee that includes the mandatory internship modules.

<b>O.S_13</b>	Defence Mechanisms in Everyday Life - Functional vs maladaptive examples.
<b>O.S_14</b>	Personality Disorders: Cluster A, B, C—conceptual understanding (non-diagnostic).
<b>O.S_15</b>	Culture and Personality - Individualism—collectivism, cultural shaping of traits.
<b>O.S_16</b>	Gender and Personality - Differences, stereotypes, social expectations.
<b>O.S_17</b>	Self-Esteem & Self-Concept Development - Sources, stability, impact on functioning.
<b>O.S_18</b>	Motivation and Personality - Achievement, affiliation, power motives.
<b>O.S_19</b>	Emotional Intelligence & Personality - Ability vs trait models.
<b>O.S_20</b>	Personality in Social Interactions - Interpersonal styles, conflict patterns.
<b>O.S_21</b>	Personality and Mental Health - Vulnerability, resilience, risk factors.
<b>O.S_22</b>	Personality and Career Choices - Vocational fit, Holland's RIASEC model.
<b>O.S_23</b>	The Dark Triad Traits - Narcissism, Machiavellianism, psychopathy.
<b>O.S_24</b>	Positive Personality Traits & Strengths - Optimism, grit, resilience, humility.
<b>O.S_25</b>	Situational Influences on Personality Expression - Strong vs weak situations, behaviour variability.
<b>O.S_26</b>	Measuring Traits: Psychometric Principles - Reliability, validity, norms.
<b>O.S_27</b>	Personality & Social Media Behaviour - Online personas, digital footprints.
<b>O.S_28</b>	Creativity & Personality Correlates - Openness, divergent thinking.
<b>O.S_29</b>	Personality Across Cultures: Indian Context - Values, norms, collectivist influences.
<b>O.S_30</b>	Personality Change & Interventions - Can personality change? Evidence and debates
<b>O.S_31</b>	Narrative Identity & Life Stories - How people construct their personal narratives
<b>O.S_32</b>	Attachment Styles & Adult Personality - Secure, anxious, avoidant—impacts on relationships
<b>O.S_33</b>	Personality Challenges in Adolescence & Emerging Adulthood - Identity formation, peer influence.
<b>O.S_34</b>	Case Conference – Testing the learner with various cases / vignettes on learnt disorders

Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via G Meet/Zoom with supporting learning materials	For 12 Sessions – ₹16,800 (India) From 13th session onward (if req) – ₹1300/session (up to 30 sessions)	For 12 Sessions – \$400 (Int'l) From 13th session onward (if req)– \$30/session (up to 30 sessions)
For group registrations, whether from individual learners or via college departments, fees will be significantly reduced to make the course student-friendly		

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at [info@ihmh.in](mailto:info@ihmh.in) / [info@ihmh.org](mailto:info@ihmh.org)

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