

Internship Training (UG)–	UG INTERNSHIP TRAINING IN COGNITIVE PSYCHOLOGY (CN 004)
Course Duration	– Customizable Online 12–30 Modules (as per learners’ choice) Highly Interactive
Course Mode	– Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	– 12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	– For Graduate students or Graduate degree holders (psy/msw/hd/allied /related)
Interactive Sessions	– 60min session/module (12–30 modules), scheduled weekly/daily as per learner’s choice

- ✓ The internship course includes 12 mandatory modules and an additional set of 18+ optional modules. The prescribed course fee covers only the 12 mandatory modules.
- ✓ If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

MANDATORY INTERNSHIP MODULE NAMES & SESSION BRIEF
ONE SESSION PER MODULE WITH REQUIRED LEARNING MATERIALS – SESSIONS SCHEDULED ON DAILY BASIS
OR WEEKLY OR AS PER LEARNER NEEDS

C.S_01	Introduction to Cognitive Psychology - Scope, key questions, why cognition matters in daily life.
C.S_02	The Information-Processing Approach - Input → processing → output; real-life cognitive tasks.
C.S_03	Sensation and Perception - Bottom-up vs top-down processing; illusions and examples.
C.S_04	Attention and Its Theories - Selective, sustained, divided attention; bottleneck theories.
C.S_05	Memory Systems: Sensory, Short-Term & Working Memory - Capacity, duration, real-world examples.
C.S_06	Long-Term Memory: Types & Structures - Declarative, procedural, episodic, semantic.
C.S_07	Encoding, Storage & Retrieval Processes - Why we forget; how memory works in learning.
C.S_08	Forgetting: Theories & Mechanisms - Decay, interference, retrieval failure, eyewitness errors.
C.S_09	Thinking & Reasoning - Logical reasoning, heuristics, biases.
C.S_10	Language & Cognition - Acquisition, processing, linguistic relativity.
C.S_11	Problem-Solving & Decision-Making - Strategies, barriers, real-world examples.
C.S_12	Cognitive Development (Piaget & Beyond) - Stages, information processing in children, applications.

OPTIONAL INTERNSHIP MODULE NAMES & SESSION BRIEF

If required, learners can opt for any or all these listed modules at an additional cost, apart from the course fee that includes the mandatory internship modules.

O.S_13	Cognitive Neuroscience: Brain Structures & Functions - How the brain supports cognition; hemispheric specialisation.
O.S_14	Neuroplasticity & Cognitive Change Across Life - How learning rewires the brain.
O.S_15	Attention Disorders - ADHD basics; attention deficits; case vignettes.
O.S_16	Memory Errors & False Memories - Loftus studies, reconstructive memory.
O.S_17	Everyday Memory: Mnemonics & Strategies - Chunking, keyword technique, loci method.
O.S_18	Expertise & Skill Acquisition - How practice leads to automaticity.
O.S_19	Metacognition & Self-Regulated Learning - Thinking about thinking; planning and monitoring.
O.S_20	Cognitive Load Theory - How information overload affects performance.
O.S_21	Cognitive Biases in Daily Thinking - Confirmation bias, anchoring, availability bias.
O.S_22	Creativity & Divergent Thinking - What enhances or blocks creativity.
O.S_23	Language Disorders (Aphasia Basics) - Broca's, Wernicke's—simple explanation, functional impact.
O.S_24	Visual Perception & Pattern Recognition - Gestalt laws, face recognition, illusions.
O.S_25	Problem-Solving in Real Life Situations - Academic, interpersonal, organisational examples.
O.S_26	Decision-Making Under Uncertainty - Risk, heuristics, mental shortcuts.
O.S_27	Cognitive Aspects of Emotion - Appraisal theories, emotion–cognition link.
O.S_28	Human–Computer Interaction & Cognitive Ergonomics - How design affects attention and memory.
O.S_29	Artificial Intelligence & Human Cognition - Basic comparison—symbolic vs human thinking.
O.S_30	Cognitive Ageing & Memory Decline - Normal vs pathological changes.
O.S_31	Cognitive Aspects of Learning - How students process and retain academic information
O.S_32	Mindfulness & Attention Control - Basic principles, evidence, cognitive effects.
O.S_33	Applied Cognitive Psychology: Education, Work, Law - Eyewitness memory, user interfaces, instructional design.
O.S_34	Case Conference – Testing the learner with various cases / vignettes on learnt topics

Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via G Meet/Zoom with supporting learning materials	For 12 Sessions – ₹16,800 (India) From 13th session onward (if req) – ₹1300/session (up to 30 sessions)	For 12 Sessions – \$400 (Int'l) From 13th session onward (if req)– \$30/session (up to 30 sessions)
For group registrations, whether from individual learners or via college departments, fees will be significantly reduced to make the course student-friendly		

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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