

Internship Training (UG)–	UG INTERNSHIP TRAINING IN COUNSELLING PSYCHOLOGY (CN 003)
Course Duration	– Customizable Online 12–30 Modules (as per learners’ choice) Highly Interactive
Course Mode	– Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	– 12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	– For Graduate students or Graduate degree holders (psy/msw/hd/allied/related)
Interactive Sessions	– 60min session/module (12–30 modules), scheduled weekly/daily as per learner’s choice

MODULE NAMES				
Twelve Compulsory Modules/Sessions		Optional modules – available for selection with additional fee		
PSYCHOANALYSIS & PSYCHODYNAMIC THERAPIES	COUNSELLING SKILLS & PROCESS	COUNSELLING PRACTICE	ART THERAPY	COUNSELLING CHILDREN – CASE WORK
ADLERIAN THERAPY & EXISTENTIAL THERAPY	CHILD & ADOLESCENT COUNSELLING	SCHOOL COUNSELLING	PLAY THERAPY	COUNSELLING ADOLESCENTS – CASE WORK
PERSON-CENTERED THERAPY	WORKFORCE COUNSELLING	SPORTS COUNSELLING	EXPRESSIVE THERAPIES	COUNSELLING YOUTH – CASE WORK
GESTALT THERAPY & REBT	FAMILY COUNSELLING	PSYCHOTHERAPY	DBT	COUNSELLING ADULTS – CASE WORK
BEHAVIORAL THERAPIES AND COGNITIVE-BEHAVIORAL THERAPIES	RELATIONSHIP / COUPLE COUNSELLING	CBT	ACT	COUNSELLING RELATIONSHIP ISSUES – CASE WORK
SOLUTION-FOCUSED THERAPY	CAREER COUNSELLING	MINDFULNESS	MOTIVATIONAL INTERVIEWING	COUNSELLING ADDICTION – CASE WORK
Course Fee	Learners from India		Learners from other countries	
1:1 Guided Orientation via G Meet/Zoom with supporting learning materials	For 12 Sessions – ₹16,800 (India) From 13th session onward (if req) – ₹1300/session (up to 30 sessions)		For 12 Sessions – \$400 (Int'l) From 13th session onward (if req)– \$30/session (up to 30 sessions)	
For group registrations, whether from individual learners or via college departments, fees will be significantly reduced to make the course student-friendly				

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course

No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

INSTITUTE OF HOLISTIC MENTAL HEALTH @ www.imh.in @ www.psychologyonline.in