

Internship Training (UG)–	UG INTERNSHIP TRAINING IN DEVELOPMENTAL PSYCHOLOGY (CN 002)
Course Duration	– Customizable Online 12–30 Modules (as per learners’ choice) Highly Interactive
Course Mode	– Online fixed scheduled interactive sessions with supporting learning materials
Course Structure	– 12–30 Modules – Fully Customizable – Trainer-Led Sessions – Daily / Weekly
Eligibility	– For Graduate students or Graduate degree holders (psy/msw/hd/allied/related)
Interactive Sessions	– 60min session/module (12–30 modules), scheduled weekly/daily as per learner’s choice

- ✓ The internship course includes 12 mandatory modules and an additional set of 18+ optional modules. The prescribed course fee covers only the 12 mandatory modules.
- ✓ If you wish, you may choose any number of optional modules by paying the corresponding additional fee per module.
- ✓ Selecting optional modules is completely voluntary — you may also choose to complete only the 12 mandatory modules by paying just the standard course fee.

MANDATORY INTERNSHIP MODULE NAMES & SESSION BRIEF
ONE SESSION PER MODULE WITH REQUIRED LEARNING MATERIALS – SESSIONS SCHEDULED ON DAILY BASIS
OR WEEKLY OR AS PER LEARNER NEEDS

C.S_01	Introduction to Developmental Psychology - Goals, scope, key questions, domains of development.
C.S_02	Biological Foundations of Development - Genetics, heredity, prenatal influences explained simply.
C.S_03	Major Theoretical Perspectives in Development - Freud, Erikson, Piaget, Vygotsky, Behaviourism—core ideas.
C.S_04	Prenatal Development & Teratogens - Stages, risk factors, maternal health, environmental impacts.
C.S_05	Infancy: Physical & Cognitive Milestones - Reflexes, sensorimotor development, attachment beginnings.
C.S_06	Early Childhood: Social, Emotional & Language Development - Self-concept, play, communication growth.
C.S_07	Middle Childhood: Cognitive & Academic Development - Piaget’s concrete operations, memory strategies, school adjustment.
C.S_08	Adolescence: Identity, Risk Behaviours & Brain Development - Identity crisis, peer influence, neural maturation.
C.S_09	Early Adulthood: Relationships & Career Development - Love, intimacy, work identity.
C.S_10	Middle Adulthood: Cognitive & Emotional Changes - Midlife transitions, generativity, stressors.
C.S_11	Late Adulthood: Aging, Memory, and Quality of Life - Cognitive decline, social roles, psychological well-being.
C.S_12	Attachment Theory & Real-Life Applications - Secure vs insecure patterns, everyday examples.

OPTIONAL INTERNSHIP MODULE NAMES & SESSION BRIEF

If required, learners can opt for any or all these listed modules at an additional cost, apart from the course fee that includes the mandatory internship modules.

O.S_13	Parenting Styles & Child Outcomes - Authoritative, authoritarian, permissive, uninvolved.
O.S_14	Temperament & Personality Development - Easy–difficult–slow-to-warm, goodness of fit.
O.S_15	Moral Development (Kohlberg, Gilligan) - Stages, critiques, cultural relevance.
O.S_16	Emotional Regulation Across Development - How children learn to manage emotions.
O.S_17	Play & Cognitive Growth - Types of play, role of toys, screen-time concerns.
O.S_18	Language Acquisition & Biliteracy - Babbling to grammar, bilingual development.
O.S_19	Learning Disabilities & Developmental Delays - Dyslexia, ADHD, early signs, referral basics.
O.S_20	Autism Spectrum: Early Red Flags - Communication, socialisation, behavioural indicators.
O.S_21	Gender Identity & Development - Understanding gender concepts across ages.
O.S_22	Peer Relationships & Bullying Dynamics - Friendship patterns, impact of bullying.
O.S_23	Media Influence on Child & Adolescent Development - social media, gaming, content exposure.
O.S_24	Emotional Development in School Settings - School readiness, emotional literacy.
O.S_25	Risk & Resilience in Childhood - Protective factors in Indian context.
O.S_26	Adolescent Problem Behaviours - Substance use, aggression, peer pressure.
O.S_27	Family Systems & Developmental Outcomes - Birth order, siblings, family conflict.
O.S_28	Developmental Assessment Basics - Milestone charts, screening tools (DDST, VSMS).
O.S_29	Life Transitions & Adjustment - Starting school, puberty, leaving home, retirement.
O.S_30	Multicultural Development Perspectives - Development through different cultural lenses.
O.S_31	Disability, Inclusion & Social Participation - Inclusive education principles.
O.S_32	Socioeconomic Factors & Development - Poverty, nutrition, access to learning.
O.S_33	Personality Development Across Lifespan - Continuity vs change.
O.S_34	Death, Dying & Understanding Grief at Different Ages - Age-wise understanding of mortality.
O.S_35	Matching Children & Adolescent Behaviour to Developmental Psychology Theories
O.S_36	Matching Adult Behaviour to Developmental Psychology Theories

O.S_37	Case Conference – Testing the learner with various cases / vignettes on learnt topics	
O.S_38	Day to Day Life Application and Understanding – A Discussion	
Course Fee	Learners from India	Learners from other countries
1:1 Guided Orientation via G Meet/Zoom with supporting learning materials	For 12 Sessions – ₹16,800 (India) From 13th session onward (if req) – ₹1300/session (up to 30 sessions)	For 12 Sessions – \$400 (Int'l) From 13th session onward (if req)– \$30/session (up to 30 sessions)
For group registrations, whether from individual learners or via college departments, fees will be significantly reduced to make the course student-friendly		

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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