

Course Name	–	<b><u>POST GRADUATE CERTIFICATE IN FAMILY, MARITAL &amp; COUPLE COUNSELLING (CNO489)</u></b>
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Interactive
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/HR/training/HD)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS**

<b>48901 – Family Counselling</b> – 4 credits / 30 days learning	<b>Learn counselling approaches for families facing conflicts and challenges. This module focuses on improving communication and strengthening relationships.</b>
<b>48902 – Couple And Marital Counselling</b> – 4 credits / 30 days learning	<b>Understand the dynamics of couple and marital relationships. Gain skills to help partners resolve issues and build healthier bonds.</b>
<b>48903 - Family, Marital &amp; Couple Therapy Strategies &amp; Techniques – I (4 credits)</b>	<b>Explore key strategies and techniques used in family, marital, and couple therapy. This module provides practical tools for effective counselling</b>
<b>48904 – Family, Marital &amp; Couple Therapy Strategies &amp; Techniques – II (4 credits)</b> – 4 credits / 30 days of learning	<b>A continuation of Part I, this module deepens your skills in therapy techniques. Learn advanced methods for handling complex relationship issues</b>
<b>48905 - Pragmatism – Skill Empowerment</b> – 2 credit / 10 days of case work	<b>Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.</b>
<b>48906 - Dissertation</b> – 3 credit / 20 days of Inductive learning	<b>Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.</b>

**OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS**

<b>48997 - Psychology</b> – 3 credits/ 23 days of learning	<b><i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i></b>	
48907–Family Therapy Interventions	48912 – Assessment In Couple & Family Therapy	48917 – Psychoanalytic Couple Therapy
48908–Interpersonal Relationships	48913 – Advanced Counselling Techniques	48918 – Family Therapy Practice
48909–Mediation Process	48914 – Emotion Focused Couple Therapy	48919 – Family Issues (Case Approach)
48910–Short Term Couple Therapy	48915 – Couple Counselling Interventions	48920 – Couple Issues (Case Approach)
48911– Couple Skills	48916 – Love Languages, Emotional & Physical Intimacy	48921 – Marital Conflicts (Case Approach)
<b>Course Fee</b>	<b>Learners from India</b>	<b>International Learners</b>
<b>Life Member of IHMH</b>	<b>Not Available</b>	<b>\$530</b>
<b>Others</b>	<b>Not Available</b>	<b>\$600</b>

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at [info@ihmh.in](mailto:info@ihmh.in) / [info@ihmh.org](mailto:info@ihmh.org)

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