

Course Name	–	<u>SKILL BASED WEBINAR ON “EXPLORE ART THERAPY” (C N 346)</u>
Course Duration	–	3 modules per webinar, 1 session per module, dedicated to one specialization – One session of 40 – 80 mins / Awareness and Expertise Based / Scheduled – Sessions with trainers are held weekly or every two weeks – Each session is followed by reference learning materials to enhance understanding
Course Mode	–	Online / Trainer Orientation / Highly Interactive - 24/7 Advisor Call Support
Eligibility	–	Interest in the Webinar Topic

34601 – UNDERSTANDING ART THERAPY	This module introduces the foundational concepts of art therapy, its history, principles, and the psychological benefits it offers for emotional expression and mental well-being.	
34602 – ART THERAPY PRACTICE MODALITY	Participants explore various modalities of art therapy, including painting, drawing, and mixed media, learning how these approaches can be used as intervention tools in counselling. The module also covers using art therapy for assessment, structured interventions, and as homework to reinforce therapeutic goals.	
34603 –READY TO USE ART THERAPY TECHNIQUES	This module provides practical, ready-to-implement art therapy techniques that can be applied in sessions with children, adolescents, and adults to enhance emotional processing, creativity, and resilience	
Course Fee	Learners from India	Learners from other countries
:1 Trainer Orientation, 24/7 Student Advisor Support, and Interactive Learning Materials.” “Personal Trainer Orientation • 24/7 Student Support • Interactive Learning Materials.”	₹4,800	\$110

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org