

## INTENSIVE TRAINING COURSES @ IHMH ([www.imh.in](http://www.imh.in))

### – How is it done? How will you learn, and how will you get certified?

- ❖ Practical, results-driven, interactive, and expert-guided training
- ❖ Real-world, scenario-based assignments with engaging interactive sessions
- ❖ Duration of the Course - 06 Months – 01 module per 30days – 03 credit/module
- ❖ Maximum duration - course specified duration - 2 interactive sessions/module
- ❖ 24/7 trainer support available through WhatsApp or email

#### ❖ In short

- ✚ Thoroughly detailed and specialized expertise necessary to practice a specific therapy or modality.
- ✚ Each module includes an extensive set of learning materials such as eBooks, presentations, charts, videos, audio files, case studies, vignettes, assessment forms, report templates, and quick study guides, tailored to the needs of each module.
- ✚ Modules include orientation sessions, a structured learning program, assignments, and a feedback process for submitted work.
- ✚ Each module offers extensive knowledge on the topic and equips learners with the relevant techniques and tools specific to its focus
- ✚ The course content is practical and career-oriented, allowing learners to apply what they learn to their practice starting from day one

#### ❖ Learning Modality

- ✚ Highly interactive, featuring two sessions per module for discussion and learning: one compulsory at the start of the module and one optional at the end, based on learning needs
- ✚ Self-paced learning through provided materials with guidance from an expert
- ✚ Expert guides specialized in the specific course area

#### ❖ Mode

- ✚ Virtual Learning with Options for Email-Based Discussions or Real-Time Interactive Voice Sessions
- ✚ Course delivery via email, with 24/7 Student Advisor support available through WhatsApp or call
- ✚ Guide assistance provided through email and real-time interaction

#### ❖ Materials

- ✚ Thoroughly researched Learning Materials: eBooks, presentations, charts, videos, audio files, quick reference guides, tip sheets, assessment forms, and other essential documents.
- ✚ Extensive Coverage: Includes necessary knowledge for therapy practices, documentation, assessment, reporting, case studies, modern tools, techniques, and vignettes, tailored to module requirements.

#### ❖ Learning Assessment at IHMH

- ✚ Our assignments will emphasize realism by providing realistic tasks and contexts, cognitive challenges, and evaluative judgment. This approach helps students develop critical thinking and quality-assessment skills. As part of this, students will be encouraged to build portfolios throughout their unit of study or project-based learning experience. These portfolios should include journal entries, initial drafts, reflections, prototypes, and other evidence of learning, ensuring that assessments are dynamic and accurately reflect students' progress.
- ✚ Documenting what they do, how they do it, and why is essential for assessing their learning process. Portfolios will showcase a variety of work, such as essays, problem sets, presentations, and other assignments, along with reflections on each piece. This offers a comprehensive view of students' learning and growth.
- ✚ While oral exams will still be used when appropriate, they will be more interactive. Instead of simply answering questions, students will have opportunities to present, debate, or engage in discussions, enhancing the assessment experience and showcasing their skills in a more dynamic and reflective manner.

#### ❖ Modality

- ✚ Upon registration, you will receive the course schedule and guide details.
- ✚ Each module will begin with a virtual orientation session led by the trainer at a mutually convenient time
- ✚ Course module materials will be delivered according to the dates outlined in the schedule.
- ✚ After the initial training session, you will continue learning through the provided materials. If you encounter difficulties or need further clarification, you can reach out to the guide via email or whatsapp for assistance.
- ✚ Assignment questions will be provided with the module materials. You are required to answer these questions and email your responses back to the guide.
  - Assignment questions will be pragmatic, requiring learners to apply the concepts from the module to provide responses.
  - Responses can be submitted in various formats: typed text, charts, PowerPoint presentations, written answers, or audio recordings. The responses should be concise and directly address the question, even if only a few lines.
  - Case studies will be provided in relevant modules, and learners will need to apply the techniques, strategies, or knowledge learned to solve them. The guide or trainer will provide the required format and assist learners in applying the appropriate techniques to analyse and solve the cases.
- ✚ After assignments are submitted, the guide will review them, provide feedback, make corrections if necessary, and appreciate the learner's good work.
- ✚ All modules will follow this process, and the learner will submit the final collection of completed assignments for review by the external guide.
- ✚ Learners will receive certification based on their completed assignments; there will be no separate final exam for certification.
- ✚ Once the final submission is made, the assignments will be assessed by two qualified guides/trainers, and certification will be granted upon meeting the course requirements.