

PG TRAINING COURSES @ IHMH (www.imh.in)

– How is it done? How will you learn, and how will you get certified?

- ❖ Pragmatic, Theoretically Strong, and Practitioner-Focused Learning
- ❖ Pragmatic and Application-Based Assignments
- ❖ Course Duration - 12 months/30 credits - Maximum duration 3 years
- ❖ Each course consists of 15 modules, giving you the freedom to pick from 20 optional modules.

❖ In short

- ✚ Comprehensive and Essential Knowledge Supported by a Strong Theoretical Foundation
- ✚ Each module includes a comprehensive set of learning materials such as eBooks, presentations, charts, videos, audio files, case studies, vignettes, assessment forms, report templates, and quick study guides, tailored to the needs of each module.
- ✚ The modules include a structured learning program, assignments to complete, guide email orientation and assistance, along with a feedback process for submitted work.
- ✚ Each module offers extensive knowledge on the topic and trains learners in relevant techniques and tools specific to the module's focus.
- ✚ Course content is practical and work-focused, enabling learners to immediately apply what they learn to their practice from day one.

❖ Learning Modality

- ✚ Interactive & in-depth, encompassing all aspects of the chosen specialization with options for fixed or flexible schedules
- ✚ Interactive sessions for optional modules focused on discussion and learning, conducted at the guide's discretion
- ✚ Self-directed learning with provided module materials and expert assistance, ensuring that learners can progress independently while having access to guidance when needed.
- ✚ Expert guides specialized in the specific course area

❖ Mode

- ✚ Virtual learning complemented by email exchanges and real-time interactive voice discussions, conducted for optional modules at the guide's discretion
- ✚ Course delivery via email, with 24/7 Student Advisor support available through WhatsApp or call
- ✚ Guide assistance available via email and real-time interaction on demand for optional modules

❖ Materials

- ✚ Comprehensive Learning Materials: eBooks, presentations, charts, videos, audio files, quick reference guides, tip sheets, assessment forms, and other essential documents.
- ✚ In-Depth Coverage: Includes necessary knowledge for therapy practices, documentation, assessment, reporting, case studies, modern tools, techniques, and vignettes, tailored to module requirements.

❖ Learning Assessment at IHMH

- ✚ Our assignments will emphasize Realism by providing realistic tasks and contexts, cognitive challenges, and evaluative judgment. This approach helps students develop critical thinking and quality-assessment skills. As part of this, students will be encouraged to build portfolios throughout their unit of study or project-based learning experience. These portfolios should include journal entries, initial drafts, reflections, prototypes, and other evidence of learning, ensuring that assessments are dynamic and accurately reflect students' progress.
- ✚ Documenting what they do, how they do it, and why is essential for assessing their learning process. Portfolios will showcase a variety of work, such as essays, problem sets, presentations, and other assignments, along with reflections on each piece. This offers a comprehensive view of students' learning and growth.
- ✚ While oral exams will still be used when appropriate, they will be more interactive. Instead of simply answering questions, students will have opportunities to present, debate, or engage in discussions, enhancing the assessment experience and showcasing their skills in a more dynamic and reflective manner.

❖ Modality

- ✚ Upon registration, you will receive the course schedule and guide details.
- ✚ Course materials will be provided on scheduled dates, allowing you to begin learning.
- ✚ The guide will send a detailed orientation email to begin the learning process.
- ✚ After the initial email orientation, you will continue learning through the provided materials. If you encounter difficulties or need further clarification, you can reach out to the guide via email for assistance.
- ✚ Assignment questions will be provided with the module materials. You are required to answer these questions and email your responses back to the guide.
 - Assignment questions will be pragmatic, requiring learners to apply the concepts from the module learning.
 - Responses can be submitted in various formats: typed text, charts, PowerPoint presentations, written answers, or audio recordings. The responses should be concise and directly address the question, even if only a few lines.
 - Case studies will be provided in relevant modules, and learners will need to apply the techniques, strategies, or knowledge learned to solve them. The guide or trainer will provide the required format and assist learners in applying the appropriate techniques to analyse and solve the cases.
 - A dissertation that summarizes all the learning throughout the course is required for submission, with the guide helping in its completion
- ✚ After assignments are submitted, the guide will review them, provide feedback, make corrections if necessary, and appreciate the learner's good work.
- ✚ Interactive sessions for optional modules focused on discussion and learning, conducted at the guide's discretion
- ✚ All modules will follow this process, and the learner will submit the final collection of completed assignments for review by the external guide.
- ✚ Learners will receive certification based on their completed assignments; there will be no separate final exam for certification.
- ✚ Once the final submission is made, the assignments will be assessed by two qualified guides/trainers, and certification will be granted upon meeting the course requirements.